

'And now we have these three: faith and hope and love, but the greatest of these is love.'  
1 Corinthians 13:13



## Changing Weather



With the weather being so unpredictable at the minute, it is really important that all children have a coat. We aim to get the children outside every day, so please ensure that they come to school with the appropriate clothing.

## Breakfast Club

Our breakfast club opens at 8.00am, the club is now open to Nursey children. The club offers healthy breakfast options for £2.00 a day. Please book your child's place via Arbor. Free spaces available for pupil premium children (free school meals).

## Harvest Festival



It is the time of year again where we celebrate our harvest festival in school. We will be celebrating this in school on 5th October 2023. We are continuing to raise money and collect donations for The Trussell Trust this year, which works to provide emergency food and support to those who need it.

If you are able, please send any food bank donations in the week of the 2nd October. We would love to collect pasta, rice, tinned foods etc. but the food bank have also requested toiletries such as shampoo, conditioner, soap, toothpaste and toothbrushes. Donations can be dropped off in the office or given to the class teacher. Thank you for supporting our local community.



## Parents Evening

Parents Evening will be held on Monday 9<sup>th</sup> October and Wednesday 11<sup>th</sup> October 3.30pm -6.00pm. Please remember to book to see your child's teacher via Arbor.

## School Photos

It is that time of year again! The photographer will be in school on Thursday 5<sup>th</sup> October, they will also take photos of siblings together but only if siblings attend the school.



## Book Fair

The Scholastic Book fair will be in school on Wednesday 11<sup>th</sup> – Friday 13<sup>th</sup> October in the school hall from 3.30 pm please come and have a look and help us to earn free books for the school



## Mental Health

### What is mental health?

**We all have mental health. Mental health is made up of thoughts, feelings and emotions.**

Our mental health can affect our behaviour and how we act. It can also make us feel sick, like there are butterflies in our tummy, unmotivated or distracted. It can affect the choices we make and how we handle situations, including things we find hard. It can also impact the way we treat or talk to our friends and family.

Our mental health does not stay the same all the time. Sometimes our mental health will be good and we feel happy or content.

There might be times when you feel sad, angry, upset, lonely, frightened or tired. It is important to remember it is okay to have these feelings. They are normal. We all have emotions that make us feel bad sometimes.

But when you feel sad or upset for a long time you might need some help from grown-ups to deal with those emotions and feel better.

### Other sources of help



**For kids**  
[www.healthforkids.co.uk](http://www.healthforkids.co.uk)

**For parents**  
[www.healthforkids.co.uk/grownups](http://www.healthforkids.co.uk/grownups)  
[www.leicspart.nhs.uk/mental-health](http://www.leicspart.nhs.uk/mental-health)  
[www.youngminds.org.uk](http://www.youngminds.org.uk)

**Urgent Help**  
Call the Mental Health Central Access Point  
Freephone, 24 hours a day, seven days a week on  
**0800 800 3302**  
You can also speak to your doctor or GP.

**In an emergency**  
In an emergency call **999** or go to **A&E**  
if your life is at risk or you do not feel safe.

Find out more about Mental Health  
Support Teams in schools by visiting  
[www.healthforkids.co.uk/mhstleics](http://www.healthforkids.co.uk/mhstleics)



## Learning we've been buzzing about this week!

### Nursery News

In PE Nursery have been moving their bodies like the animals from our story 'Head to toe.'



## Reception News

Reception have been making shapes to match the sounds made whilst going on a bear hunt.  
[@MichaelrosenYes](#) can you spot our 'swishy swashy' grass and our 'hoo woo' snowstorms?!



## Year 3 News

Year 3 have been writing our stories about a magnificent being! We have Cotton men, Stone men, Glass woman and lava men!



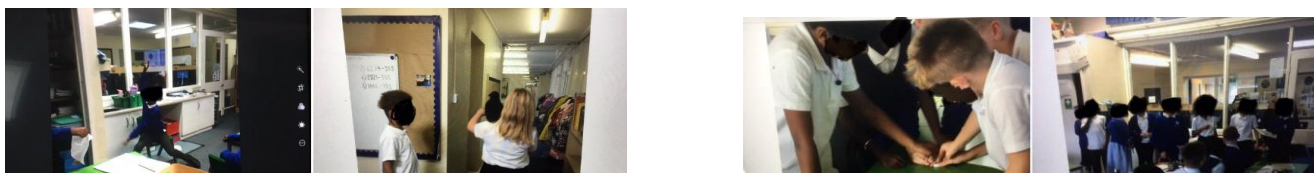
## Year 4 News

Year 4 sharing ideas before writing their own diary entries from the perspective of a farm animal in Charlotte's Web!



## Year 5 News

This week in year 5, in PSHE, we created games using ordinary everyday items that had clear rule sets, included everyone and had abstract/concrete rewards. We used this to evaluate the value of rules and rewards and the consequences of not having or following rules.



## Term Dates

### Autumn Term

Mid Term Break Monday 16<sup>th</sup> – Friday 20<sup>th</sup> October 2023  
School Closes Friday 22<sup>nd</sup> December 2023

### Spring Term

School Opens Tuesday 9<sup>th</sup> January 2024  
Mid Term Break Monday 19<sup>th</sup> - Friday 23<sup>rd</sup> February 2024  
School Closes Friday 22<sup>nd</sup> March 2024

### Summer Term

School Opens Monday 8<sup>th</sup> April 2024  
May Day Monday 6<sup>th</sup> May 2024  
Mid Term Break Monday 27<sup>th</sup> May - Friday 31<sup>st</sup> May 2024  
School Closes Wednesday 10<sup>th</sup> July 2024

### School Attendance

The table shows attendance for week ending 15<sup>th</sup> September 2023

Class	Attendance (%)
Reception	89.47
1	84.64
2	96.67
3	94.81
4	96.36
5	90.80
6	97.24
Total	92.43

Congratulations go to year 6 for the highest attendance of 97.24%

### Food Bank



The food bank runs on a Monday at school from 8.45am - 09.30am. Please remember to be able to have a food parcel you will need to have had a referral. To do this please email [admin@belgrave.risemat.co.uk](mailto:admin@belgrave.risemat.co.uk) to make an appointment to see Sarah Varia. Please do not come to the school office, Sarah is your first point of contact. We can also offer Hygiene packages, fuel support and debt advice If you feel that you need any confidential support for any of these please ask to speak to Sarah Varia.

### Twitter



For lots of information about what is happening, please follow us on twitter @BSTP\_Risemat

### Dates for your Diary

- Thursday 28<sup>th</sup> September - open evening Beaumont Leys School
- Thursday 5<sup>th</sup> October – School Photographs
- Monday 9<sup>th</sup> October - Parents evening 3.30- 6.00pm
- Wednesday 11<sup>th</sup> October - Parents Evening 3.30 – 6.00pm
- Wednesday 11<sup>th</sup> -13<sup>th</sup> October - Book Fair
- Friday 13<sup>th</sup> October – School closes for Half Term
- Monday 23<sup>rd</sup> October – Pupils return to school
- Monday 6<sup>th</sup> November Flu Immunisation Reception – Year 6
- Friday 1<sup>st</sup> December RISE Santa fun run.
- Tuesday 12<sup>th</sup> December –Peter Pan pantomime, whole school Loughborough.
- Friday 22<sup>nd</sup> December – School closes for Christmas Holiday.
- Tuesday 9<sup>th</sup> January – Pupils return to school.



## Community

### Belgrave St Peter's Church



This Sunday (1st October) from 3:30-5.00pm, Belgrave St Peter's Church will be holding a Mossy Church gathering at the school. This is an outdoor gathering – so come dressed ready to be outside! This week, we will be continuing to look at the theme “We are Church” by thinking about how we pray and doing outdoor activities which help us to talk to God. Come and join the fun!

Contact Anne Scott ([annescott@htl.church](mailto:annescott@htl.church)) for more details