



WEEK 1



STEP



1 Choose from...

Main

Home-made Pizza

to go with:

Coleslaw, Homemade Herby Diced Potatoes

Cheese Flan

to go with:

Coleslaw, Homemade Herby Diced Potatoes

Vegetarian

Jacket Potato

to go with:

Side Salad with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Combo

Packed Lunch

Apple & Raspberry Crumble

to go with:
Custard

...and to finish!

STEP



Bread and Salad will be available at Lunch Times

TUESDAY

All Day Breakfast

to go with:

Baked Beans, Homemade 5050 Bread

Vegetarian All Day Breakfast

to go with:

Baked Beans, Homemade 5050 Bread

Jacket Potato

to go with:

Side Salad with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 4 with Baked Tortillas & Salsa, Crunchie Vegetables and Flapjack

to go with:

Cheese Wrap, Ham Wrap

Carrot, Apple & Lemon Drizzle Cake

Fresh Fruit Pot, Cheese and Biscuits, Jelly

WEDNESDAY

Roast Gammon

to go with:

Carrots, Cauliflower, Roast Potatoes, Gravy

Quorn Roast

to go with:

Carrots, Cauliflower, Roast Potatoes, Gravy

Jacket Potato

to go with:

Side Salad with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 3 with Crunchy Vegetables & Cream Cheese, Chocolate Malt Brownie and a Melon Wedge

to go with:

Cheese Wrap, Tuna Mayo Wrap

Cocoa Brownie

Fresh Fruit Pot, Cheese and Biscuits, Jelly

THURSDAY

Chicken Tikka Pie

to go with:

Green Beans, Garlic & Coriander Naan Bread

Vegetable Samosa Pie

to go with:

Green Beans, Garlic & Coriander Naan Bread

Jacket Potato

to go with:

Side Salad with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 3 with Crunchy Vegetables & Cream Cheese, Chocolate Malt Brownie and a Melon Wedge

to go with:

Cheese Wrap, Tuna Mayo Wrap

Cocoa Brownie

Fresh Fruit Pot, Cheese and Biscuits, Jelly

FRIDAY

Cod in Batter

to go with:

Chips, Peas

Quorn Hotdog

to go with:

Baked Beans, Chips

Jacket Potato

to go with:

Side Salad with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Raspberry Ripple Ice-cream Roll

Fresh Fruit Pot, Yoghurt, Jelly

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information



Soil Association



WEEK 2



STEP



1 Choose from...

Main

Fish Finger Baguette

to go with

Coleslaw, Homemade Herby Diced Potatoes

French Bread Pizza

to go with

Baked Beans, Homemade Herby Diced Potatoes

Vegetarian

Jacket Potato

to go with

Side Salad with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Combo

Jacket Potato

to go with

Side Salad with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch

Fruity Chocolate Traybake

Fresh Fruit Pot, Yoghurt, Jelly

STEP



2 ...and to finish!



Bread and Salad will be available at Lunch Times

TUESDAY

Greek Style Chicken Wrap

to go with

Sweetcorn

Mac N Cheese

to go with

Homemade Garlic Bread, Sweetcorn

WEDNESDAY

Roast Chicken

to go with

Cabbage, Carrots, Roast Potatoes, Gravy

Quorn Fillet

to go with

Cabbage, Carrots, Roast Potatoes, Gravy

THURSDAY

Cumberland Pie

to go with

Carrots, Peas

Katsu Curry

to go with

Mixed Rice, Garlic & Coriander Naan Bread

FRIDAY

Sausage

to go with

Baked Beans, Chips

Quorn Sausages

to go with

Baked Beans, Chips

Jacket Potato

to go with

Side Salad with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Chocolate Sponge

to go with
Chocolate Sauce

Cherry Shortbread

Fresh Fruit Pot, Yoghurt, Jelly

Vanilla Ice Cream

Fresh Fruit Pot, Yoghurt, Jelly





WEEK 3



1 Choose from...

Main

Monday

Tuesday

Wednesday

Thursday

Friday

French Bread Pizza
to go with
Corn on the Cob, Homemade Herby Diced Potatoes

Beef Bolognese
to go with
Mixed Pasta

Roast Chicken & Yorkshire Pudding
to go with
Green Beans, Mashed Potato, Gravy

Sticky Chicken
to go with
Mixed Veg, Wholegrain Rice

Cod in Batter
to go with
Chips, Peas

Vegetarian

Vegetable Pizza
to go with
Corn on the Cob, Homemade Herby Diced Potatoes

Tomato Pasta
to go with
Mixed Salad

Quorn Sausages
to go with
Green Beans, Mashed Potato, Gravy

Singapore Stir Fry
to go with
Herby Rice

Quorn Sausage Roll
to go with
Baked Beans, Chips

Combo

Monday

Tuesday

Wednesday

Thursday

Friday

Jacket Potato
to go with
Side Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Jacket Potato
to go with
Side Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Jacket Potato
to go with
Side Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Jacket Potato
to go with
Side Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Jacket Potato
to go with
Side Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch

Sweet Beetroot & Chocolate Muffins
to go with
Fresh Fruit Pot, Cheese and Biscuits, Jelly

Packed Lunch - Box 4 with Baked Tortillas & Salsa, Crunchie Vegetables and Flapjack
to go with
Cheese Wrap, Ham Wrap

Packed Lunch - Box 7 with Crunchy Vegetables, Cheese & Biscuits & Fresh Fruit
to go with
Ham Wrap, Cheese Wrap

Packed Lunch - Box 7 with Crunchy Vegetables, Cheese & Biscuits & Fresh Fruit
to go with
Ham Wrap, Cheese Wrap

Packed Lunch - Box 7 with Crunchy Vegetables, Cheese & Biscuits & Fresh Fruit
to go with
Ham Wrap, Cheese Wrap

Monday

Tuesday

Wednesday

Thursday

Friday

Fresh Fruit Pot, Yoghurt, Jelly

Fresh Fruit Pot, Cheese and Biscuits, Jelly

Fresh Fruit Pot, Yoghurt, Jelly

Fresh Fruit Pot, Cheese and Biscuits, Jelly

Fresh Fruit Pot, Yoghurt, Jelly



...and to finish!



Bread and Salad will be available at Lunch Times

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